



LORNE

Independent

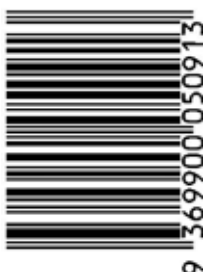
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No 282 May 2025

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EGGS QUISTE EASTER IN LORNE

GORCAPA follow up



Lorne Independent Inc.

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The Lorne Independent acknowledges we live on the tradition lands of the Gadubanud people. The Lorne Independent is produced on a non-profit voluntary basis and seeks to give the community open access to its pages. However the opinions expressed by authors of articles are their own. Publicity for community events is free. All contributions are welcomed. Supplied copy and pictures must bear the name and address of the author and/or organisation. The editorial committee of the Lorne Independent reserves the right to cut, alter or otherwise work articles to make them suitable for publication. The committee also reserves the right to reject articles or photos it deems unsuitable for this publication. The committee expects articles using AI to acknowledge this on submission of the article. Articles must be at least 50% original to be published.

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**LOCAL MARKETS****Lorne Foreshore Market:**

9PM-3PM 7th June, 1st November

Torquay Farmers Market:

Every Saturday 8.30AM to 1PM

Winchelsea Community Market:

First Sunday of every month 9AM to 1PM

Aireys Inlet Market:

20 APR, 4 MAY, 8 JUN, 13 JUL 9AM to 1PM

15TH ANNUAL TRADE WINDS AVENUE EASTER EGG HUNT

By Sally Young

Easter Sunday morning, Trade Winds Avenue Lorne was alive with very excited kids - even some very excited big kids! The sun was shining and for the 15th year in a row, the Easter Bunny had been out early morning hiding chocolate eggs in many of the Trade Winds Avenue driveways and gardens.

At 10 am the residents with their children, grandchildren and dogs met outside #2 to commence our 15th annual Easter egg hunt.

Over the next hour 35 adults and 25 children, from 12 months and up to 13 years old, walked from house to house where Julie Jordan read out cryptic clues. Primarily designed for the adults, the clues provided "dirt" on the homeowners. One of the clues: "Home of another athlete (lots of wanna be athletes in the street!) who won his age group 80+ in the Pier to Pub swim this year".

Eggs were hidden in trees, in gardens, on taps, on rocks, in wood heaps and even in blown up balloons that were hanging from a clothesline. These provide lots of fun with the kids trying to burst them all to get the eggs out.

All the kids were great and shared their eggs with the little ones, but to make sure the little ones did not miss out on the hunt, we once again conducted an under 3 years old hunt in one of the driveways.

But wait - even more fun was to be had that was not of a chocolate nature! Throwing water filled balloons from a balcony down onto the adults was a highlight - well for the kids and maybe not for the drenched adults!

The hunt ended at the end of Trade Winds Avenue where a basket of eggs was rolled down the hill much to the delight of the children who ran everywhere chasing them!

After the obligatory annual photo, the kids were once again invited to donate some of their eggs to the sick people in the Lorne Hospital. It was wonderful to watch all the kids come up and donate many of their eggs. A big bag of eggs was delivered to the Lorne Hospital on Easter Monday.

Thanks to all those who donated eggs and came out on the day to make our Trade Winds Avenue 15th Easter egg hunt a wonderful success.



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Small acts make a big impact.

E-waste cannot be put into any of your household bins.

E-waste is any item with a plug, battery or power cord that's no longer wanted. E-waste contains hazardous materials which can be harmful to the environment, but they also contain valuable resources that can be reused.

Visit surfcoast.vic.gov.au/e-waste to find out where to take your e-waste.



THE LORNE MEN'S SHED MODEL BOAT REGATTA 2025

By Regatta MC John Agar

Recurring annual special events and occasions, despite that they come round year by year, always hold a unique place in our hearts. Whether the Melbourne Cup, the Grand Final, the Easter Monday Geelong vs. Hawthorn clash at the G, Christmas Day, Australia Day, or a loved one's birthday ... we all have some, we hold them close, and we excitedly anticipate them in our individual ways.

For those who live in Lorne, several local events now regularly pop up in our agendas as predictably as the Deans Marsh Road wattles flower in spring.

Some are large, high-volume events: the Lorne Surf Club's Annual Pier to Pub, the Mountain to Surf Classic, the Amy's Gran Fondo Cycling Classic, the GOR fun-run weekend, the annual SLSC Interclub Carnival and the annual Victorian Masters Surfboat Championships, and the Biennial Sculpture month ... just to name a few.

Others, just as critical for the close-knit fabric of our town ... if not more-so ... are the many smaller, more intimate affairs, like the ever-changing kaleidoscope of art, sculpture, and pottery exhibits at the iconic Qdos venue, the many Community Connect displays of photography and textiles, the highly addictive Deans Marsh Sheepdog Trials, and the highly enjoyable [but questionably titled] "World's Best Sausage Roll Competition", "World's Best Home-grown Tomato", and "World's Best Home-grown Garlic Bulb" contests held annually at the Lorne Aquatic and Angling Club ... NB: I defer any/all correspondence re title authenticity to Commodore Keith!

But one unique and quirky gem has been added over the last decade to Lorne's busy calendar ... the not-to-be-missed Easter Sunday Lorne Men's Shed Model R/C Yacht Regatta. The Shedders host this hotly contested tournament on the Erskine Pond, that perfect-for-sailing stretch on the Erskine River just upstream from the Swing Bridge.



This Easter Sunday, the Lorne Men's Shed held its celebrated Model Boat Regatta for the 8th time. The event began in 2015 under the banner of the Love Lorne initiative. After two more stellar years in 2016 and 2017, the impetus of the Love Lorne organisation began to wane, and the weather gods concurrently stepped in to force its cancellation in 2018. Resurrected by the Men's Shed in 2019, it then fell victim to the Covid lockdowns of 2020 and 2021. How anyone could have thought that 10-12 tiny yachts on the Erskine might threaten life and limb ... though some in Spring Street clearly did.

Luckily, the regatta roared back in 2022 and has now etched a permanent mark onto Lorne's eclectic annual entertainment calendar. An edited excerpt from a previous LIN article describes the day:

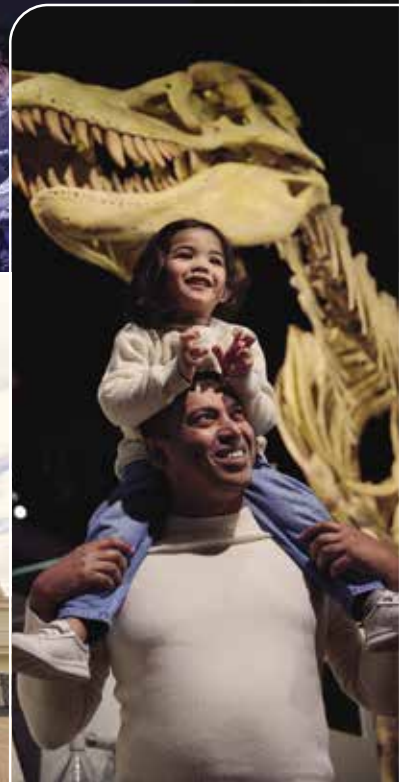
"All yachts have been built with infinite care and attention to detail from Seattle-sourced Tippecanoe T37 Class radio-controlled model yacht kits <https://tippecanoeboats.com/t37-racing-sloop-2>.

Each model takes between 25 and 30 hours to build with meticulous adherence to the shedder's motto: "measure twice, cut once". While all Shed projects attract sage heads that gather, nod, and give advice—it's like bees buzzing around a honey pot—no shedder task witnesses this more than the construction of our T37s!

Continued page 7


 MELBOURNE
MUSEUM

Discover a world of wonder
every day at the Melbourne
Museum precinct.



Melbourne Museum will inspire and entertain visitors of all ages with new experiences and activities every day.

Come face to face with one of the most awe-inspiring creatures to walk the earth when you visit Horridus, the most complete Triceratops in the exhibition **Triceratops: Fate of the Dinosaurs**. Walk through **Dinosaur Walk** to be surrounded by skeletons of 17 prehistoric animals before entering the world of **Bugs Alive** with live displays and giant models.

Across from **Melbourne Museum** is the UNESCO world heritage listed site, the **Royal Exhibition Building** – an icon of Melbourne history and beautiful inside and out.

The **Dome Promenade tour** provides visitors with a unique opportunity to overlook the stunning **Carlton Gardens** with a unique view of the city skyline and an exhibition that explores the building's significant history.

Discover a world of wonder on your next visit to Melbourne – museums.victoria.com.au

From page 5

Although some minor differences may emerge as each model maker adds his personal touches, all yachts must be identical in size, design, and weight as designated by the international T37 rule book. More than 70,000 individual craft are now sailing in over 60 countries.

After lovingly assembling the hull and keel, each model is sanded, carefully dressed inside and out with epoxy resin, painted [if desired], rigged, and then carefully fitted with its electronic 'insides' before carefully testing all parts.

In the weeks prior to race day, the yachts are removed from their specially designed storage units, dusted down, and repaired if necessary. The batteries that power the two remote control servos—small electric motors inside the hull [one for sails, a second for the rudder] that provide the only control the 'mariners' have over the yacht—are tested and retested. The rest is up to the wind.

In the lead-up to race day on Easter Sunday, shedders can be seen practising their tacks and jibes on the river above the swing bridge. Meanwhile, our powerboat maestros [Allan, Clive, and Sam wear out their wheel rubber to visit the R/C centre in Geelong, fine-tuning their powerboats to provide the audience with thrills and spills in the motorised division.

As race day draws nearer, the course is agreed and a race judge and protest committee of three stands ready. The latter matters as in one previous year, a potentially

winning yacht was disqualified by the sole adjudicator [also a competing sailor on the day] ... 'excessive shore assistance' was the call when his yacht was freed from reed entrapment by a spectator. The coffee was icy at the Shed the following Tuesday!

Three races are held, with the winner of each race receiving 1 point, the second place 2 points, and so on, with the yacht with the lowest aggregate score pronounced the winner.

This year, the racing was split into two divisions [three races each] after an upgraded servo option that provided more efficient sail control became available from Tippecanoe. Seven upgraded boats competed in the 'Upgrade' division while five raced for honours in the 'Standard' division'. By 2026, all yachts will have likely been upgraded. This year, David Lawler was the clear winner, beating Neil Verrell into second place in the Upgraded section, while John Barber took home the Standard trophy.

The spectator crowd were thrilled when young Freddie Morley [10] stepped up to contest the powered event. Wowing the crowd of 120 onlookers, Freddie's beautiful [if tiny] mini-micro speed machine gave Allan Walls's gargantuan machine [a 'beast' capable of speeds exceeding 60 kph] a decent run for its money. Freddie's highly competitive craft came in a creditable second of the three entries. Well done, Freddie Morley. Come back next year and—please—bring some mates. All are welcome.

Truth Telling **Event**

Footprints: The Lucy and Percy Story

29 May 5.30-7pm

Special Guest Speaker Wemba Wemba man

Simon Flagg Wathaurong CEO

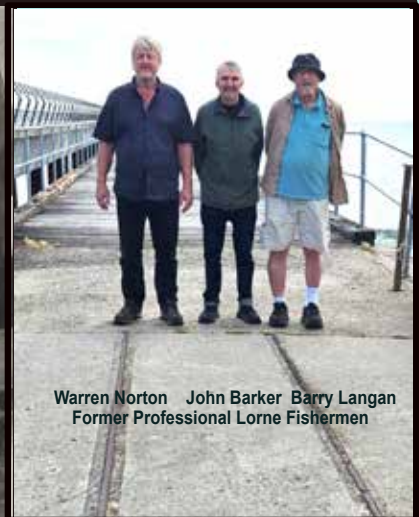
Surf Coast Shire Council Chambers, 1 Merrijig Drv, Torquay



NATIONAL RECONCILIATION WEEK 2025

**Bridging Now
to **Next****





Warren Norton John Barker Barry Langan
Former Professional Lorne Fishermen

THE LORNE FISHERMENS CO OP BUILDING - ONCE IT'S GONE ..IT'S GONE FOREVER.

Point Grey is the most historic site in Lorne. In the 1870s, the Pier was built to offer a maritime landing point for sailing vessels to berth safely. It facilitated the growth of the local Otway timber industry and allowed tourists to visit Lorne by sea. The pier facilitated the establishment of a distinctive fishing industry that utilized cuta boats. These vessels were lifted in and out of the water from the pier using a crane. The fishing industry involved over 100 professional fishermen over 50 years and significantly influenced the development of Lorne into its current form.

Built in 1948, The Lorne Fishermen's Cooperative Building stands adjacent to the pier and currently houses the Lorne Historical Society exhibition of the Fishing industry which celebrates this vital part of Pt Grey's historic and social history.

The Great Ocean Road Coast and Parks Authority manages the Point Grey precinct on crown land and has funding to redevelop the area. When appointed, they received Terms of Reference specifying that all community members must have input into decision making. Until recently, GORCAPA enforced confidentiality agreements for all meetings with community representatives, which restricted the dissemination of information to the broader community. Public complaints have led GORCAPA to end this practice. This has caused lasting distrust.

In March, without giving the Lorne community any warning or logical reasons, GORCAPA suddenly terminated all community use of the Fishermen's Co operative Building, including the Historical Society's fishing exhibition. This is despite GORCAPA's own recent survey showing that over 1000 people in the Lorne Community overwhelmingly expressed support for maintaining the historic links to the site. GORCAPA have always maintained they want the building occupied until the Development is ready to proceed. A vacant, fenced building will likely be vandalised and prematurely demolished. Asbestos removal can be scheduled for when construction begins. GORCAPA plan to announce The Urban Design Framework report. (This is only stage 2 of a 6-stage process.)

NOW IS THE TIME FOR THE COMMUNITY TO DEMAND that GORCAPA engages in proper community consultation with the Lorne Community. The community must be fully informed about future options for the site and assured that its history will be appropriately respected. The Lorne Community DO NOT CONSENT to the removal of community use of the Fishermen's Cooperative Building.

CALL TO ACTION -Please write to object to the premature vacation of the co-op building until final plans are shown to the community for their input and the Historical society have a dedicated space in the Pt Grey development to honour the fishing and timber industries info@greatoceanroadauthority.vic.gov.au Attn: Christine Ferguson (Interim CEO) Susan de Vere (project manager Pt Grey development) Libby Mears (Board chair)

By John Barker, Friends of Pt Grey..former professional Lorne fisherman for 13 years, Former Secretary of Fishermans Co Op. 27 years as a policy officer and senior policy officer in the Public service.

Supported by former professional Lorne fishermen; Warren Norton, Barry Langan, Stephen Love, Geoff Tune, current professional fisherman Kaide Love, and descendants of fishing families Denise Rondot and Sandra Tune (great-granddaughters of the first professional fisherman in Victoria in the 1800s and descendants of the Zanoni fishing family) and Wayne Lynch, son of former professional fisherman Bill Lynch. Along with many members of the Lorne Historical Society.

ARTS IN LORNE

QDOS



Autumn at Qdos; we close till Spring.

Its with a farewell and thanks to Lorne for the support and patronage Gillian & I have received over the summer we will re-open on the 4th September. For me its back to the core of Qdos, my artistic development.

And with a warm Welcome to our new program of Artists in residence at the Qdos studio.

We will return with a new batch of exhibitions for 2025/26, some old favourites and some new.

Plus, by popular demand a feast of projections events in the new year. best G.W.

Qdos Fine Arts Lorne



www.qdosarts.com

What's Happening at Lorne Community Connect

By Lesley Goldsworthy

I hope many of you were able to wander through our recent Photographic Exhibition. This year's theme Routine and Ritual successfully captured the creative minds of over 30 photographers. Dean De Landre, as curator, arranged the images to create a narrative and flow which made for an enjoyable experience. The exhibition not only showcased the talents of emerging photographers but also fostered a deeper appreciation for the art of photography. We were thrilled to include this year the Lorne P-12 College students. They provided an interesting selection of photos with very thoughtful commentary in response to the theme.

The winner this year is a well known Lorne local, Ian Walding with his image titled "Early morning footsteps in the sand". 2nd prize went to Stephen Walters with his image titled "The 7.43"

Congratulations to both Ian and Stephen.



Lesley Goldsworthy, Ian Walding (winner) Jason Smith. (Curator)

Congratulations to our student winner Lennox Payton Year 3 for the image titled "Sappy Cyprus".

Our judge Jason Smith, Director of the Art Gallery of South Australia, had a difficult choice. We also had a visitors choice award, but at the time of print the winner had not been selected. We thank all our visitors who took the time to vote.

Artist In Residence



Bhanu Mistry will be our Artist in Residence from 4-18 May. We hope you can join us at the opening of Bhanu's Exhibition of rich works of tapestries, needlecraft and embroidery, SUNDAY 4 MAY, 3-5 PM. Bhanu will be working in the space during the exhibition and welcomes visitors to come and see how she creates the art works.

Mix At Six

Artist talk with well reknown artist Meaghan Shelton.

Women's hidden toil - once uncelebrated and unspoken - demands our attention. Those who recognise 'materiality' - the quiet mastery woven through practice, process, and the mystery of transformation; understand its profound beauty and value its unfurling narratives from the shadows.

Meaghan's singular, sensory touch transforms her materials into elevated aesthetic stories that reveal her core values, her identity and the legacy of women artists who came before and those who will carry the emboldened stories forward. These stories of intellectual engagement with materials, fibres, and found objects are worthy of inclusion in the fine art canon and Meaghan's creative work captures their essence".

Join us to experience her uninhibited story, up close and personal at Lorne Community Connect - "in the Mix at Six" (Hoop Gallery) -on FRIDAY 9 MAY at 6pm.



LORNE P-12 COLLEGE

*Inspiring Excellence
by the Sea!*

Our action-packed Term 1 concluded with the drawing of our fabulous Easter raffle, Pyjamas Day and Hot Chocolate & Easter Egg Extravaganza.

Here at Lorne P-12 College, we would like to wish everyone a safe & Happy Easter and look forward to sharing our Term 2 adventures with you after the holidays.



Thanks a bunch!

Our Easter Raffle was an overwhelming success thanks to the hard-working Parents & Friends Committee. We raised over \$5000 which will go towards the building of a fabulous new playground.

A huge thank you to the following businesses who generously donated goods and vouchers.... we are forever grateful!



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St Anne's Vineyard
Surf Coast Hair & Makeup
Terry White Pharmacy
Tommy Bahama



HOW TO SEE, THINK AND TALK ABOUT PHOTOGRAPHS

By Janet Goud.

This was inspired by my visit to the increasingly interesting and complex Photography Exhibition at our own Community Connect held annually over Easter. Congratulations to Ian Walding for his lovely black and white image.

As a late age graduate of the Photography Studies College, in my later career, I extended my reach to students who loved and wanted to develop their photography skills. Many were unlike the students I was used to. Words were not as important, and communication was different.

While the course included many aspects we all associate with photographs, like subject matter, design features, and technical details, an important aspect was learning how to look at photographs and how to talk about them.

In our complexity as unique humans we all create images with differing intentions and also regard images with differing interpretations caused by our differing experiences. What we take from a photograph might be entirely different from what the photographer intended, and from what our friend standing next to us takes.

This of course implies we go beyond the description of the image. However, description is where we start. We gather facts about the photo. Where? What? Who? This is the basis for our evidence when we move on to making a judgement about the photo (good?) and when we begin to interpret what we see into meaning beyond the described picture.

We describe photos saying how the subject matter is shown to us. How it is composed, constructed and arranged. This is called form. Photography inherited formal elements from painting and drawing (dots, line, shape, light, colour, texture etc)

The medium of photography describes the type of film, and the camera used, the size and colour of the prints and how this effects the overall photograph. The other descriptive element is style. This is much more difficult to describe and may stray into interpretation. It could be an image from a time period, a geographic location, or under an artist's influence.

We need to remember photographs are not real. They are pictures made by individuals with beliefs and biases. This, then leads to our interpretation of photographs and judgements of them. We need to use our feelings, our knowledge of the photographer, and the communication purpose of the images. Photos are not impartial, however realistic, natural or objective the photo might seem. We need to realise all photos reflect a way of seeing and showing the world. They are pictures influenced by the photographer's choices- influenced by their culture - beliefs, values, attitudes and knowledge as they select, organise, and construct their images. We need to consider all these things when we look, interpret and judge. So we now have a way to talk about photographs. Lets chat!

INFRINGEMENTS SENT TO 2024 LOCAL COUNCIL ELECTION NON-VOTERS

Infringement notices will be sent this week to Victorians who either didn't respond to the Victorian Electoral Commission's (VEC's) request for an explanation or didn't have a valid reason for failing to vote in the 2024 local council elections.

More than 530,000 Victorians were sent an 'Apparent failure to vote notice' by the VEC in February and March. Of those, 15% have been excused for valid reasons.

People who did not respond to the 'Apparent failure to vote notice', or who did not provide a valid and sufficient excuse, will be issued an infringement of \$99.

People who receive an infringement notice must respond within 35 days – by either paying the fine, requesting an internal review, or electing to go to court.

Electoral Commissioner Sven Bluemmel is urging people who receive an infringement notice to take it seriously.

'The most important thing is that you respond to the notice before the deadline – otherwise, you could be issued a penalty reminder notice, which carries the original penalty plus an additional administration fee,' Mr Bluemmel said. The VEC encourages non-voters who are unsure what to do, or require assistance throughout any stage of the infringements process, to call 1300 551 575 or visit vec.vic.gov.au/voting/fines-and-reviews

Voting in local council elections is compulsory for all enrolled voters in Victoria, and to make sure no one misses a future election, the VEC encourages Victorian voters to sign up for VoterAlert, our free SMS and email reminder service. The service alerted 2.5 million Victorians about key election dates in last year's local council elections. To sign up visit vec.vic.gov.au/voteralert

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DAN TEHAN
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Advertisement

Your vote matters this election

Who we choose to represent us in Canberra could come down to 500 votes

The federal electorate of Wannon has been a safe seat for 70 years, meaning that South-West Victoria has been taken for granted and overlooked by both major parties for decades. We have a 'once-in-a-lifetime' opportunity to change this on 3 May 2025.

Make your vote count.

SOMETHING NEW

GENUINE COMMUNITY INDEPENDENT REPRESENTATION

G'day, I'm Alex.

Last year, I was asked by community independent movement Voices of Wannon to run as their candidate.

I'm now proud to be part of a broad grassroots movement with people from all walks of life and political backgrounds united by a common purpose – to put community and integrity back into politics and get a better deal for Wannon.

Crumbling roads, childcare deserts and housing shortages don't just happen overnight. We've been taken for granted for decades and this is our best shot to end safe seat politics in Wannon. How can we expect those responsible for our issues to solve them? If I have the honour of being your representative, my promise to you is that I will work hard every day and with all sides of politics to get Wannon a better deal.

I will:

- **Push to end the neglect from the major parties on our regional roads**
- **Push for long-term solutions to housing, childcare and aged care**
- **Always vote to increase support for rural and regional Australia**
- **Always vote in the best interests of my community - not a political party**
- **Always vote to improve transparency and accountability in politics**



Genuine community backing.

Endorsed by *Voices of Wannon*.

More than 2,000 supporters, 1,000 volunteers and 1,000+ donors from across the community.



Independents get results. Since being elected to Indi (North-east Victoria) MP Helen Haines has delivered record funding to her electorate.



Alex Dyson

THE SAME

SAFE SEAT POLITICS AND PARTY LOYALTIES SINCE ELECTED IN 2010



Dan Tehan

Let's stick to the facts. Politicians say a lot, but how they vote is what really counts.

Check out the website theyvoteforyou.org.au to see how your current Member for Wannon Dan Tehan votes and represents you in federal parliament.

Here's a snapshot:

- X** Dan Tehan voted almost always against **increasing support for rural and regional Australia**
- X** Dan Tehan voted consistently against **increasing housing affordability**
- X** Dan Tehan voted consistently against **increasing marine conservation**
- X** Dan Tehan voted consistently against **increasing restrictions on gambling**
- X** Dan Tehan voted consistently against **increasing political transparency**
- X** Dan Tehan voted consistently against **increasing the age pension**
- X** Dan Tehan voted consistently against **consumer protections**



AlexDysonIndependent.com

Authorised by Alex Dyson, 185 Liebig St, Warrnambool



Scan QR code to read Alex's policies





Thank you to our Surf Coast Shire Volunteers

Aireys Inlet Community Celebration

Sunday 18 May

- Garden Tour 11am
Aireys Inlet Community Garden,
2 Fraser Dr, Aireys Inlet.
- Community Celebration 11.30am - 1pm
Aireys Inlet Community Centre,
6 Great Ocean Rd, Aireys Inlet.

Lorne Bowls Club Volunteer morning tea

Tuesday 20 May

- Barefoot bowls 10am-11am
 - Morning Tea 11am-11.30am
- Lorne Bowls Club
35 Mountjoy Pde, Lorne.

Torquay Local Legends Award Ceremony and Volunteer Celebration

Thursday 22 May, 10am-12pm

Council Chambers
1 Merrijig Dr, Torquay.

Winchelsea Community 'Chatty Café' Volunteer edition

Friday 23 May, 10.30am-11.30am

Winchelsea Shire Hall
28 Hesse St, Winchelsea.





National Volunteer Week

19-25 MAY 2025

Connecting Communities

Announcing our 2025 Surf Coast Shire Local Legends

Community Commitment Award

- Jason Cichocki
- Phoebe Mitchell
- Marie McPadden
- Melissa Pitt
- Heath Armstrong
- Grant Norris
- Mary McNaughton
- Donna Symes

Community Impact Award

- Colby Bryce
- Kaylene Stocks
- Cameron McFarlane
- Ben Coyle
- Rhani Allen
- David Steele
- Tony Martin

Group Volunteer Excellence Award

- Lorne Volunteering Ladies Group
- All Aboard DisABILITY Support Services volunteers
- Sewing For a Purpose
- Aireys Inlet Rural Australians for Refugees (AIRAR)

Local Legends Awards Ceremony and Volunteer Celebration

Thursday 22 May, 10am-12pm

Surf Coast Shire Council Chambers, 1 Merrijig Drive, Torquay

Register to attend at:

<https://events.humanitix.com/national-volunteer-week-local-legends-awards-ceremony>





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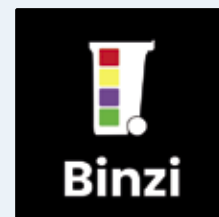
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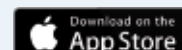
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OP SHOP BUZZ

By Wendy Jarratt

Holiday Happenings

As I write this the Easter long weekend is just over but a few more days of school holidays remain. Holidays, naturally, are always very busy times in the Op Shop which is great for business. Also, it is a time of connection, greeting customers we see every holiday time, and working with volunteers who can only help out over the holiday periods. It is a special time, and one which helps us realise one of the many functions of our shop – one of fostering connections and developing friendships. Many strong bonds have developed between volunteers, especially with members of their shift. Some have even gone on holidays together. With so many people reporting being lonely these days, volunteering is a rewarding way of becoming part of a “clan”.

Sadly, one of our “clan” passed away last year. Marie knitted over many years more than 800 items to be sold at the Op Shop. You may have purchased one of her beanies, teapot covers or dolls clothing. The photo shows Marie presenting beanies to the group that designed and built the new renovation. This young group have also become “friends of the Op Shop”.

We have received positive feedback from customers as to how wonderful the shop looks – so fresh and modern. So much so that one lovely young lady from overseas asked me whether all the goods in the shop were “preloved”. Most of them are, of course, but we do receive quite a few donations of items that have never been worn or used. Thanks again for our amazing donors. On that topic we ask that donations are not left outside the shop out of opening hours. One morning this week volunteers could barely get to the door to open the shop, the entrance being waist deep in donations.

Now that the Op Shop is “going strong” again we remind community groups to apply for funding for items or to run activities that relate to improving the health and wellbeing of the community. We are always keen to assist with initiatives that fall within those guidelines.

Op Shop Record Community Donations

By Karen Pitt

Our renovations are done and it is a pleasure to again focus on supporting the needs of the community.

The whole community comes together to allow us to raise funds: our volunteer workers, our customers and our donors, including our part-time residents who make the effort to bring their donated goods to us from Melbourne.

We thought it timely to compile a record of historical donations, taking the data from written journals meticulously maintained by Allan Brown and Bill Rees. Those journals recorded every payment since early 2013, and Karen Pitt offered to enter and cross check that data

in a spreadsheet to serve as a more enduring record than our collective memories.

As a result, I can confidently tell you that in the last 12 years, the Lorne Op Shop has donated nearly \$1.75 million to community projects of which, unsurprisingly, almost 75% (\$1.27 million) has been donated to our hospital, medical centre and nursing home for major equipment, staff training programs, our excellent gym, the garden, nursing home and staff accommodation and other projects, which make the health care in this community the envy of the rest of the State.

Other major recipients over the last 12 years include:

- Our Men’s Shed, \$75,000
- Our CFA, SES and local police, over \$43,000
- Lorne P-12 School, our kindergarten and play group, over \$35,000.
- Red Frogs, who support errant schoolies each December, over \$60,000.
- Wye River CFA and Surf Lifesaving Club, close to \$38,000
- Our Cricket Club, \$15,000
- Stribling Reserve, over \$72,500 for audio equipment, a defibrillator and the all access path
- Other local sports clubs, over \$30,000
- the Spirit Foundation, \$32,000
- Food vouchers for those in need during COVID, over \$16,500
- Two Lorne Sculpture Biennales - \$15,000- and four FOPAs, \$22,000
- Other local sports clubs - the Country Club and Bowls Club - and work on our football ground and netball courts, over \$27,000.

Our most recent donation is to support the purchase of an ophthalmoscope for use in the Deakin Collaborative Eye Clinic offered at our medical centre.

This will provide an important service to local and regional residents and avoid the one hour journey to Geelong for that care. Of course, its satisfying to be able to list the projects and recipients of the funds raised by the Lorne Op Shop.

We will continue supporting the community and are open to applications for grants by other community groups. As an incorporated association, we are restricted in the projects we can support by the Objectives stated in our rules.

That is, we must apply the funds we raise to “promote health and well-being in Lorne and its wider community by giving financial and volunteer support to charitable and/or not-for-profit organizations that provide health services and/or community care services within Lorne and its wider community.” Our wider community includes Wye River. It could also include, say, donate to the organisations who sponsor and support refugee families settled in our region.

So, congratulations to all our customers, donors and volunteers and we encourage our community to consider other ways we can give back.



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GO WHERE THE TRADIES GO

EDITORIAL

By Janet Goud - Editor

Easter in Lorne was truly wonderful. Warm sunny weather made the locals and the campers smile. Lots of activities kept everyone busy and happy.

In the April Independent we raised a few issues regarding GORCAPA, the government authority (meaning it has power to make decisions and demand compliance) wedged between the Department of the Energy, Environment and Climate Action and our Community. GORCAPA have now been given oversight of much more land in the Otways including some land previously managed by Parks Victoria.

On the very day of going to print last month (25 th March), the rule around Confidentiality of the Community Representatives for Point Grey was lifted. This was due in great part to the lobbying by Friends of Lorne as reported in their last newsletter. On the Friday before Easter the CEO of GORCAPA resigned. So some big things have changed.

However, what do we know now? We know the Community Reps were not told about the ending of leases and the sudden concern for the asbestos health risks in the CoOp building. We know no Rep knows what the highly anticipated designs will look like. They were promised a preview in May of those designs and for us (Lorne community) a June community consultation. Will this happen?

We also know that important preliminary work to comply with government regulations around the coastal waters and reefs has been done. While this often seemed like more delays, the protection of our reefs and pristine waters meant the placing of public toilets and the design of buildings became even more important. So, let's hope its Third Time Lucky and we all get a pleasant surprise.

At this time last year, we were all consulted through a Redevelopment Engagement Survey. I thought it might be useful to remember that we all filled this out at this time last year and the results were very clear.

Precinct Values & Character

Point Grey has long been a place to gather, fish, eat, recreate, and enjoy the stunning views. We know Point Grey is a place of great significance for the local community and visitors alike. The following questions sought to confirm community values of the precinct.

Most respondents (80%) believe the views and vistas from the public open space areas of the precinct (not from buildings or venues) are one of the most important aspects of the precinct. Responses were divided on whether the prime locations within the precinct, in terms of wind protection and views, should be used for public open space (49% agreement, 24% neutral, 26% disagreement).

A majority (71.9%) believe a strong 'sense of place' is felt at the Point Grey precinct. The majority agree or strongly agree

(72%) that maintaining green open space is essential to preserving the character of Point Grey.

There was general agreement (68%) that public and shared community spaces and furniture, such as seating, shade, toilets, barbeques, and lighting, are an extremely important site value that must be included in the precinct's redevelopment.

When asked about the history of the site: As a commercial and recreational fishing hub, 86% of responders believe that this history gives Point Grey a strong and unique character that must be preserved

High consensus (86%) that it is important that Point Grey's fishing history is represented within the precinct

Just over half (51.59%) agree that Point Grey's logging history is important and should be represented within the precinct.

More than three-quarters (78.15%) of respondents strongly agree that the current look and feel of the precinct's buildings, as well as their maritime location, gives Point Grey a strong and unique character that must be preserved. (From the GORCAPA Point_Grey_Redevelopment_Engagement_Report_P8)

Fingers crossed.

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RECOGNISING THE ECONOMIC VALUE OF THE GREAT OCEAN ROAD COAST

The first ever Environmental-Economic Account (EEA) for Victoria's iconic Great Ocean Road Coast and Parks released today, reviews the area's ecosystem assets and quantifies the economic value they contribute to Victoria.

The EEA looks at the overall area, location and condition of assets such as flora, fauna, and biodiversity, infrastructure like walking and bike tracks, and recreation and tourism within the Great Ocean Road Coast and Parks through an economic lens.

The EEA directly attributes 3.9 million tourism visitors each year, valued at \$520 million per year based on travel cost, to the ecosystems of the Great Ocean Road Coast and Parks, including the Twelve Apostles.

It estimates the Great Ocean Road Coast and Parks ecosystems are worth over \$100 million a year to the economy or over \$700 million per year to the community for the group of ecosystem services assessed.

The area is made up of 128,000 hectares of marine habitats, 40,000 hectares of national parks, nature and conservation

reserves, and over 36,000 hectares of forests. They store 35.5 million tonnes of carbon dioxide equivalent.

Currently the Great Ocean Road Coast and Parks are under threat from high and increasing levels of tourism and consequences of climate change. Some areas are becoming more dangerous due to the risk of coastal erosion caused by sea-level rise.

The EEA will assist the Great Ocean Road Coast and Parks Authority (GORCAPA), which is the dedicated park manager for the coast and parks of the Great Ocean Road, with evidence to inform its strategy, planning and investment decisions.

This work by the Department of Energy, Environment and Climate Action (DEECA) aligns with the UN System of Environmental Economic Accounts – Ecosystem Accounts (SEEA - EA) guidance (UN, 2021). The UN SEEA is a framework for reporting on links between the environment and the economy using internationally agreed accounting concepts.

For more information and to view the EEA visit: <https://www.environment.vic.gov.au/accounting-for-the-environment>

URBAN DESIGN FRAMEWORK FOR POINT GREY IN DEVELOPMENT

The Great Ocean Road Coast and Parks Authority is making progress on the Point Grey Redevelopment in Lorne.

The draft Urban Design Framework, which has been informed with the insight of the project's Community Reference Group, will be shared in June for community feedback.

This vital feedback will help to determine the future of the site's development. The original Fishing Co-Operative building dates back to 1949 and was assessed as part of the Opportunities and Constraints phase of the master planning and design process for the site.

Due to its age and its location near the shoreline, the building has suffered from significant damage, primarily to the roof and masonry walls, with cracking, water damage, asbestos, dampness, and rust throughout.

The current usage agreements for the building will conclude on April 30, 2025, enabling essential early works including asbestos removal to begin.

All tenants, including the Lorne Historical Society, have been given an additional grace period until 31 May to vacate, allowing extra time for a safe and respectful transition.

The Lorne Aquatic & Angling Club will keep operating as normal.

The Authority has met with the Lorne Historical Society Committee to discuss the logistics and support they require to relocate operations from the co-operative during early works.

We recognise that the Lorne Historical Society presence at the Fishing Cooperative represents an additional display to its main location at the Figtree Community House at 16 Mountjoy Parade. We understand the Historical Society is exploring options to consolidate its presence there.

The Lorne Historical Society has also been encouraged to consider what materials and items they would like to highlight to promote the site's history through the design development phase.

The Authority is investigating all options for the site's future as we prepare for early works.

For regular updates and to stay involved, please visit the Point Grey redevelopment web page.

LEADERSHIP TRANSITION AT THE GREAT OCEAN ROAD COAST AND PARKS AUTHORITY

Jodie Sizer, the inaugural CEO of the organisation since 2021, has made the decision to resign from her role.

When Jodie set out nearly four years ago, the Authority was a new organisation with a big task ahead, bringing together decades of fragmented management along one of the most iconic coastlines in the country.

Under Jodie's leadership, the Authority has consolidated responsibilities formerly divided among 11 different entities, providing streamlined, unified management of the region's coast and parks.

Jodie has significantly scaled up the Authority's operations and functions so that we are on track to manage 170,000 hectares of parks and coastal reserves along the Great Ocean Road by 1 November 2025.

Christine Ferguson has been appointed Interim CEO of the Authority from Monday April 28 while we commence the process to recruit a new CEO.

Great Ocean Road Coast and Park Authority Board Chair Libby Mears:

"Jodie has played a significant part in establishing the organisation's foundations, engaging with community groups and traditional owners, and shaping our strategic direction during our formative years.

We acknowledge her contribution and leadership through this important period of growth and transition, the Board thanks Jodie for her dedication and wishes her every success in her future endeavours."

DO YOU REMEMBER THE NAME?

These are from lyrics or titles of songs with names in them. The name has been blanked out. Can you fill the blank?

- 1 rowed the boat ashore Hallelujah
- 2 Heywhere you goin' with that gun of your hand?
- 3 takes you down to a place by the river
- 4you don't have to put on the red light
- 5 Oh,, I'm down on my knees
- 6 Sweet.....good times never seemed so good
- 7oror or, anything but
- 8 just one more thing girl
- 9 For whenever I may find her
- 10 Oh, I love my child
- 11 Proud.....
- 12 Na na na nananana, nannana, hey
- 13 Tried but I knew she wouldn't do
- 14 Forgive me I just couldn't take anymore
- 15 Well, you caught my eye
- 16 Was that was found in the nude
- 17 But makes them ageless
- 18 darling, won't you ease my worried mind?
- 19 And.....says it's the best place he has ever seen
- 20 But you don't know what he means to me

Answers page 35

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Insomnia and sleep disorder

Almost all of us will experience trouble sleeping at some stage during our life. However, if you regularly have difficulty falling asleep or staying asleep, you could have insomnia.

What is insomnia?

Insomnia is a sleep disorder characterised by regular episodes of having difficulty falling or staying asleep. This can lead to decreased energy, concentration and focus, poor work performance, low mood, and may also impact your health long-term.

Statistics show that almost 60% of Australians regularly experience at least one symptom of insomnia.

How is insomnia treated?

If symptoms of insomnia last longer than four weeks or poor sleep are negatively impacting your life, you should speak to your doctor. Treatment for sleep insomnia will depend upon what is causing it.

If you or your doctor can't identify any issues that may be causing your sleep disorder, you may require specialist treatment such as cognitive-behavioural therapy. Your doctor may also order a sleep study to check for underlying issues such as sleep apnoea.

What you can do

While it might be tempting to use sleeping tablets to manage sleep insomnia, this approach is not advised as a long-term strategy. Taking sleeping tablets regularly may cause you to become used to them, so they'll be less effective. They can also be habit-forming which will mean that you may find it hard to stop taking them.

Developing good sleep habits (sleep hygiene) is one of the best ways to prevent insomnia and promote good sleep. You should try to:

- Stick to a regular bedtime and wakeup time, including on the weekends
- Get regular physical exercise (but not too close to bedtime as this can act as a stimulant!)
- Avoid or limiting napping during the day
- Avoid or limiting caffeine, alcohol and nicotine
- Avoid eating large meals before bedtime or going to bed on an empty stomach
- Develop a relaxing bedtime routine (e.g. reading, listening to music, or taking a warm bath)
- Avoid electronic devices before bed, as they can interfere with sleep
- Avoid difficult or stressful conversations before bedtime
- Write a 'to-do' list for the next day, before you head to bed
- Take steps to reduce stress and anxiety — you may need specialist help for this
- Check with your doctor or pharmacist whether your medication could be contributing to your poor sleep

If you have any enquires or concerns, please come into TerryWhite Chemmart Lorne and have a chat with our pharmacists. We are here to help.

OUT OF THE BLUE

By Eva J Youl

"I saw that whale going past my house in Lorne". Today at the Melbourne museum a visitor called Bern was reminiscing on the blue whale that washed up at Cathedral Rock in 1992. The whale was not swimming by, but was dead on the back of an enormous truck.

The video at the Museum explains how this dead pygmy blue whale washed up near Lorne and had to be manoeuvred onto a long semi-trailer truck with three huge cranes. It was then transported to Werribee. While staff started to remove the meat, in the end they gave up and left it to nature for the decomposition and exposure of the skeleton. The skeleton is 18 metre long. Blue whales can grow to 35 metres and are the largest animal on our earth.

The current Melbourne Museum was designed by Denton Corker Marshall architects and opened in October 2000. Fortunately, there was a place for the complete skeleton. The skeleton is now one of the first items you see when entering the museum. Some kids think it is a dinosaur skeleton, but it is quite easy to recognise that it is a baleen whale (no teeth) with two blow holes.

There are two types of whales, those that filter their food with baleen (Mysticetes) and the others that have teeth (Odontoceti). In Lorne, during the migration season, we mostly see humpbacks and southern rights. I find the name southern right whale a sad name. This is because they are slow moving and so were 'right' for whaling and yielded large amounts of blubber that was rendered down to oil.

Whaling in Australia ceased in 1978 and Australia belongs to the International Whaling Commission. There are some countries that do not belong and Iceland, Japan and Norway hunt whales. My Norwegian brother-in-law does not like 'Green Peace' ships because he reckons Norwegians have the right to hunt whales as they have for centuries.

In the old days hunting whales was profitable for products such as oil, baleen and ambergris. Baleen was used for corsets, whips and umbrellas. I am pleased I don't have to be laced tightly into a corset and have smelling salts to stop me fainting! Today whales are a part of our tourism industry.

The migration of whales, during our winter season, is from cold Antarctic waters to the warmer water around



Australia for breeding and calving. Their stored energy sustains them during migration. Warrnambool is a critical nursery of the southern right whale.

There is a lot of interesting whale research happening, including whale communication. Tim Mustill is a British naturalist who has written about humpback communication. Whale singing has been studied and what fascinated me is that the same species of whales in different regions have the same language but different accents, just like us.

SCIENCEWORKS

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LETTERS TO THE EDITOR

Dear Editor

The Lorne Village:

In order for people to understand and stop some confusion within the community I wish to confirm the current status of The Lorne Village

Despite giving a number of presentations and a full-page article in the Committee for Lorne page in the Surf Coast Times it appears the issue still needs further clarification.

1. The Lorne Village is managed by The Lorne Village Inc which has 6 voluntary committee members and one residence representative.
2. A Memorandum of Understanding has been signed between Sirovilla Inc and The Lorne Village Inc to consider a possible management agreement.
3. A Management Agreement between Sirovilla and the Village has not been signed.
4. The Lorne Village is governed by the Retirement Village Act as such the Village cannot offer Social Housing or worker accommodation.
5. Eligibility criteria for applicants to be considered for a Unit are the following:
 - a. Must be over 67 years of age and retired from full time work.
 - b. Must be on a Centrelink payment
 - c. Must be able to live independently
 - d. Currently rental is calculated as 25% of the household's gross income for 12 months.
 - e. Gross Income is calculated as Centrelink payments plus investment income, annuities or any other income
 - f. Long-term residents from the postcode 3232 will have first precedence.
 - g. An in-going fee is payment and calculated at 40% of all assets and capped at \$60,000. The amount is

amortised over 10 years, after 10 years there is no refund.

Please note all enquiries are to be forwarded to info@thelornevillage.com.au or alternatively contact:

Ken Hosking 0417 161 926 or
Clive Goldsworthy 0437 910 472.

I am also happy to discuss further if required.

Clive Goldsworthy
Secretary
The Lorne Village
info@thelornevillage.com.au
0437 910 472

Dear Editor

A Tale Of 3 Press Releases

If you read the GORCAPA press release on their website, "Urban Design Framework for Point Grey in development", Tuesday April 22, 2025, you may have noticed that the wording in parts has changed three times over the course of three days, on Wednesday and again on Thursday.

This editing of the original article has made alterations to information pertaining to the Lorne Historical Society and the Lorne Aquatic and Angling Club, beginning with "We recognize that the Lorne Historical Society presence at the Fishing Cooperative represents a secondary display to its main location at the Figtree Community House at 16 Mountjoy Parade and its permanent exhibition at the Visitor Information Centre.

We understand the Historical Society is exploring options to consolidate its presence at these locations."

By Wednesday the part about using the Information Centre as a place to have the Fishy Tales display was deleted. It is also mentioned that GORCAPA are going to help the Lorne Historical Society to relocate operations from the Co-op during early works. Doesn't this sound as though the exhibition will move to another venue??? No, actually, they have offered a container for objects to be stored in.

Where did the original information come from? Why was it altered on

Wednesday and Thursday and at whose request was it changed?

Information about the Lorne Aquatic and Angling Club was also edited. The original statement was "The LAAC will keep operating, as normal until early works require the site to be vacated." By Thursday it read "The LAAC will keep operating as normal" Why and how did this change?

We would have hoped that the original release on April 22nd be correct or delayed until the facts could be ascertained. As it is the information has been a moveable feast – maybe a fishy tale.... Most confusing!

Wendy Jarratt and John Ford.

Dear Editor

My brother John Barker is standing up against bureaucrats trying to destroy Lorne heritage with what appears to be no clear plan on respecting cultural heritage history or the settlement of Lorne. His statement follows. Point Grey is the site where sailing ships landed and a settlement developed. The fishing co op for many people has memories of cuta boats and cuta processing. I remember filleting sharks when I was a student. They were trucked from Apollo Bay in the night before they were moved on to Melbourne fish market. Many people used to come down when the boats came in to watch the weigh in of crays, reef fish, sharks and cuta. The co op was something before it became a cafe site.

Point Grey is where we used to spear fish as kids. It is remembered for the shell middens in the dunes which showed aboriginals also used to camp and fish here. It's an important site.

Confidentiality agreements stopping locals discussing future use sounds like state government overreach. Please ask questions and we might see a community plan.

Might be time to lend the penguins suits to the Lorne locals and have a rally.

Dr Peter Barker OAM

Barwon Water Community Update

Barwon Water is Victoria's largest regional urban water corporation.

We have a proud history of contributing to regional prosperity by providing water and sewerage services that support community health, sport and recreation, gardens and agriculture, the economy, cultural values and the environment.

Learn, share, and get involved! We're working together with the community to enhance our region.

Learn more and have your say on our projects and activities. Scan the QR code to find out more.



Lorne: Water, Your Say

Get involved and learn how you can contribute to a sustainable, resilient water future for Lorne.



We're here to help

If you're concerned about your water bill, we offer support to suit your situation. Get in touch to find out how we can help.



Be waterwise every day

Learn more about how you can be more waterwise in your home or business. Plumbing programs, grants, advice and resources are available to support you.



ANZAC DAY IN LORNE

ANZAC DAY begins early in Lorne, with the Dawn Service. This is when the eerie sounds of the bugle playing the Reveille and Last Post are most evocative. Here, with the sound of the waves and a little imagination, we can, for a moment, walk in the ANZAC's boots. How lucky we are to have this luxury of safe reflection.

As usual the Men's Shed provided a delicious breakfast for all the early participants.

Later, all over Lorne, there was a slow movement towards the Anzac Memorial in the centre of town. Locals, Doug Stirling wearing his medals, visitors, children and dogs gathered with umbrellas under suitably somber skies.

Led by Lorne P-12 students, followed by the CFA, SES, and returned veterans and family members the parade formed

up in the Bowls Club car park. They walked proudly up Mountjoy Parade clapped by bystanders.

Clive Goldsworthy as MC welcomed all to the service.

RAAF Lieutenant Colonel Warren Smith gave the address, describing his feelings on being deployed to Afghanistan to serve his country. Many, many wreaths from individual Lorne community members, businesses and services were laid at the memorial while Eden Johns, the Piper, who has been invited to play at this year's Edinburgh Tattoo, piped a haunting melody. School Captains Mae Harper & Bella Reynolds read a poem beautifully. It was called "In Flanders Fields" named after the European fields where many died and poppies grew in World War I. Then Uniting Church Minister Alanee invited the crowd to pray with her. All joined in the minute of silence and the flags were raised. The highlight was the beautiful singing of the school choir. They left us with a message of hope singing "Imagine". "Imagine all the people living life in peace"

Due to our ANZACs and their fellow servicemen and women many of us have had that dream life. Long may it continue!





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The home is part of a boutique cluster of well-maintained properties that are all individually titled plus all have a share in 7 acres of common property that adjoins Otway National Park. The setting is simply stunning with an abundance of birdlife/wildlife and towering blue gums creating the relaxing lifestyle you should expect in this part of the coast.

Features include a new entry area plus painting, blinds, European laundry, new oven/rangehood, wood heater, new split system unit and deck upgrade.

Excellent rental opportunity for holiday accommodation or permanent rental or move in and enjoy immediately.

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Michael Coutts 0438 356 624

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WYE WANDER

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Ideally situated, the home is just moments from the Wye River pub and store for a laid-back meal or quick essentials. Explore nearby natural wonders like the iconic 12 Apostles and the Great Otway National Park, or visit the vibrant town of Lorne for shopping, dining, and entertainment. This is the perfect base for soaking up the best of the coast and countryside.

www.greatoceanroadholidays.com.au

WYE RIVER HOLIDAY RENTAL

From the team at Great Ocean Road Real Estate

CLEMENTINE CALLING

Here in Lorne our world has switched from warm to cool. Someone on Facebook wrote that the days are getting shorter and there is a chill in the air. Temperate Autumn has arrived, and we will soon be transitioning into winter. Thank God daylight saving is over.

There are lots of building sites in Lorne and some of the new houses, like the one in Beal Street, are so large that they occupy most of the land making it hard to get past on some days. The tradies are all over the place. There have been a lot of cars getting nails and screws in their tyres. This has been attended to by our friendly Adam from the RACV. However, the mending of those tyres is only temporary and people with these plugs should go straight to Adam and Alex and get the permanent replacement for the plugs before they get into further trouble. Costs about \$50 but worth it.

There is a negative superstition that bad things come in threes. Three very special Lorne residents sadly died in March. We will miss all of them. Karen Ford, Italian born Joe Ragusa, who made Lorne his home, slipped away after a long haul – love to darling Rosa and her handsome sons.

The third to die was Jenny Hamilton, a valuable member of our community, who not only worked at the pubs in the past but more recently as a Community Care Worker taking care of frail elderly. Those she worked for remember her as being loving, caring and compassionate. Jenny's family immigrated from the UK and came to co-manage The Chalet Guest House in Lorne. Big hugs to her children Sarah and Daniel and the grandchildren all who will miss her terribly.

Early in April our much loved and well patronised Footie Club dinners, this year changed to Wednesdays, started with their usual servings of enormous steaks and chicken parmigiana. Some of us missed the mustard but ..nothing is perfect. We were able to celebrate the 70th birthday of the former great Lorne Footballer, the pleasantly gruff Geoff Balderas with singing and with a cake made by the energetic Sally Young. Not sure if I saw Geoff smile but I hope he enjoyed the cake!

Easter started with a lively party to open the Community Connect Photographic Exhibition arranged by Lesley Goldsworthy and her Committee; everyone enjoyed the drinks poured by Clive and Suzanne Diviny's delicious collation of goodies to eat. I loved Michael Prideaux's beautiful, delicate photograph of 4 plovers down on our beach.

Wasn't the Easter weather great – so many kids swimming on the beach and mucking about in the Erskine River, and on Easter Saturday about 25 Mermaids turned up. Well done girls – keep on swimming.

It's a good idea to join the SES. They are the community minded people who volunteer to clear up our roads after trees fall, and who save people by stretcher when they have accidents hiking in the bush. Each volunteer has summer and winter clothing costing about \$2000 and must undertake training. Chris Jones is the local captain, but the bureaucrats insist on calling him The Controller! Recently they were at Neade Street from 6.30 pm to 11.30 pm clearing the road and waiting 3 hours for Powercor to show up. Don't let that put you off joining! Congratulations to Paki on 15 years of volunteering with them. What a star!!

Handsome Duncan McMillan, a Lorne resident living on the Deans Marsh Road, did a very kind thing for a dying kangaroo in William Street. He went to the property owner's aid and put it out of its misery. Duncan's wife Chelsea is off with her daughter to South Africa on safari with her father. Lucky girl – you deserve a good holiday, Chelsea. Duncan will stay home and take care of the dogs.

David McCormack is another hero in town. He and his mate set out to walk from Port Campbell to Lorne carrying all on their backs. After hiking the iconic and beautiful Great Ocean Walk his mate gave up in Apollo Bay but David trudged on alone even refusing help with his backpack in Wye River. He made it and enjoyed a well-earned cold beer at the Aquatic Club! One wonders how many snakes he saw!! and how much weight he lost...and what about the blisters he endured

Our Graham Wilkie is a great asset to our community. He gives us all so much joy. The end of the Biennale was celebrated at Qdos with Carnival of the Animals. After dining on Gillian's yummy pizzas, spectators thoroughly enjoyed a super artistic show magnificently displayed on two large screens by the celebrated mosaic artist Deborah Halpern. Her surreal and very colourful artistic, ceramic creatures flashed past in wonderful colours accompanied by appropriate music all combined for projection by artist Rubyanna Edwards giving the audience much delight. We were dazzled by the super colours and artistry of the display. Next day volunteers and donors farewelled the Biennale at a party held at the Aquatic Club. Generous food made by our hard-working trio of Janet Goud, Barbara Barber and Lou Davies was enjoyed by all, whilst awards were handed out.

Farewell to Bonnie Evelyn Switajewski. She has been keeping many Lornies trim by taking strenuous exercise classes for fifteen years and helping older residents enjoy themselves on outings organised by the bureaucrats at the hospital. A small lunch party given by the Wednesday girls was a chance to say thanks for a job well done. Good luck for your new life with your sons in Glenroy Evelyn! We wish you well.




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Keith Miller LACC
Commodore



Commodore's Report - Edited Highlights

Club News

What a ripper of an Autumn we are having. It's always the best time of year especially for us Anglers but this year is as good as it gets although I do feel sorry for the farmers and some of the state's reservoirs are well below normal,



but we might as well enjoy the beautiful weather while we can. Our happy hours are happening every Wednesday and Friday evenings, with our very popular Friday night free sausage sizzle and seafood raffle

Jenni Miller (my better half) with a 50cm Flying Gurnard AKA Red Gurnard or Latchet. It was the biggest one I've ever seen.

The end of the Co Op



Sadly, the end of an era. We have been renting part of the old Fish CoOp from GORCAPA to store a lot of our gear for several years now but unfortunately the time has come for us to move out. It was great while

it lasted but we always knew it was temporary.

GORCAPA are starting the demolition process and are removing all the asbestos, so we have to be out by the end of May. They have very generously offered us the use of a 20-foot shipping container to store our gear in which is very much appreciated. We will organise a working bee to move everything out on a date to be arranged. I will let everyone know what time and when on our website and Facebook page. It should only take half a day.

Another one of our members was visiting Marseille in the South of France recently and came across this old building which was surrounded by multi-million dollar motor-yachts, cruisers, super yachts, luxury homes and hotels.

It is an old Fishing Club, and the French Government have been able to see that these old buildings have character and history and need to be left alone.

FISHERIES PETITION

We need your help! To stop the closure of 5 Fisheries Stations and the loss of 73 Fisheries Officer jobs discussed in Parliament, we need to sign a petition. These cuts don't

just impact jobs – they put our marine life and fishing regulations at serious risk.

Sign the petition to protect our oceans.

Upcoming Events:

World Sausage Roll Championship:

Kings Birthday Long Weekend, Sunday 8th June.

It's on again and it's the real thing. The winner will be the Official Dinky Di World Champion. We will have prizes for four categories; Biggest, Smallest, Funniest and the Winner is the best tasting one, which is decided by our panel of three local celebrity judges who all started eating sausage rolls before they had teeth. A couple of them are so old now they've returned to having no teeth.

All you have to do is arrive before 5pm with your entry but you must be a member. Like all our competitions, it's free to enter and you only need one sausage roll for the judges but we encourage everyone to bring a heap to feed the hungry hoards.

Winter Fishing Competition One

Sponsored By Jason's Coffee At The Club

Sunday 4th May the comp runs from 6am until the deadline of 12.30pm. Weigh-in starts at midday. It's free to enter for members and all competitors get a free mixed grill lunch. Prizes are awarded for first, second and third in both the junior and senior categories. Juniors must be under the age of 18. You can only weigh in one fish each, so anyone can win on the day, and it's environmentally friendly. Come and have a crack. It's great fun. Tommy, Machine and Bill with a lovely feed of huge whiting they caught the other day.

Recent Events:

Donation

Our latest donation was to the Lorne Cricket Club. We paid for all their cricket balls for the next 12 months. Lorne Cricket Club Treasurer Nick Sherlock received the donation from our Jody.

Golf Competition

Sponsored By Heath Wilson And The Wilson Family

Again, this was a huge success and a great way to keep connected to the wonderful members of the Lorne Country Club.

Continued page 35

MYSTERY AND DISCOVERY *By Doug Williams*

To resolve pollution issues after the Chernobyl nuclear disaster sunflowers were planted. Sunflowers are able to absorb heavy metals like caesium and boron to relieve pollution and clean up contaminated soil. The same approach of phytoremediation – great suitcase word, had to use it – was used after the earthquake in Japan at Fukushima in 1986. It's the natural remedy to a scientific dilemma.

And it's not just the sunflower – when we enjoy being surrounded by plants, we often fail to see the thousands of uses they supply. Each plant may have a specific talent or two, or more. We're out for dinner and after the main meal, cantaloupe is placed before us. It has detoxifying properties and like other foods helps lower blood pressure and is good for bowel regularity. But the big surprise: the most suitable mould for penicillin grows on a cantaloupe melon, an antibiotic surprise!

Penicillin has been a discovery for the ages. First discovered almost one hundred years ago and has changed our lives in many ways from curing infections to allowing animals to be kept in close proximity to each other, which

saw the start of factory farming. It's been estimated that 73% of antimicrobial medications are used on animals. There are moves by WHO to reduce penicillin use and it is claimed that the world is ready to move into a new zone beyond penicillin. Sounds like the enigma of the future.

Garlic has long been known for its antibiotic properties too and was used by the Russian army during World War II when supplies of penicillin ran low and so it was called 'Russian penicillin'. The bulb, which we all recognise for the pungent smell it releases when damaged, is the plant's phytochemical protection against approach by animals, birds and insects. In cultivation for six thousand years, garlic was used to stimulate competitors at early Olympic Games and provided to builders of the Egyptian pyramids. There are suggestions that garlic is useful against some forms of cancer and in treating osteoarthritis.

One can consider willow as a landscape plant highlight or part of a design element in ceramics or even as the most appropriate timber to use for making cricket bats. Moreover, the bark of willow provides the aspirin which was first used before a synthetic replacement was discovered, as a painkiller and aspirin is used now as a cardiac medication as well.



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CREATIVE VICTORIA

From page 33

Unfortunately, we didn't achieve our hat-trick, and we got rolled. Once again, the score sheets were taken into a locked room and shredded then burnt before the results were announced. Everyone then came back down to sea level at our club for a few refreshments and a BBQ where the results were announced and the prizes awarded to the winners of the different categories.

This is well known local identity and golf club captain Ali Reynolds kissing the historic trophy which goes all the way back to 1960. Jenni Miller was the Closest Lady to the Pin. Andrew Clarke was the closest bloke to the pin. Each year at the end of the golf competition we raffle a couple of vouchers for 4 golfers to play a round at the Kingswood Peninsula Golf Club. It's an extremely sought after prize for our local golfers. It's very generously donated by Heath Wilson and the Wilson Family. The two winners were David England and Andrew Briggs. They will have lots of new friends hoping to get a guernsey to join them

Fishing Report

BOAT: The fishing has been as good as it gets over the last month with heaps of good-sized Snapper, Flathead, Big King George Whiting, Gummies, Schoolies, Nannygai, Trevally and more.

The water temperature at the moment is 18.5 degrees which is the warmest I can ever remember for April. Maybe that's why the fishing is so good or maybe not. Who knows but I'm not complaining.



PIER: The Pier is also fishing extremely well with good numbers of Salmon, King George Whiting, Mullet, Snapper, Trevally, Grass Whiting, Flathead, Leatherjackets and Calamari.

This is 4 year old Jack Miller with his first ever fish. A good sized Snapper.

Lorne Football Netball Club

The LFNC Dolphins are kicking off their first home game of the season this weekend, and as proud supporters, we'd love to see all our members get behind them in 2025. They've just launched a new and improved website, making it easier than ever to purchase your membership online. So why not show your support—grab a membership, cheer them on from the sidelines, and be part of the action this year. Hopefully with back-to-back premierships!

Tee Sign up today! www.lornefnc.com.au



Suggestion For Our New Clubhouse

One of our members was in Fiji recently and came across this floating clubhouse. He took this photo and sent it to me with the suggestion that we could do

the same thing here with our club house. I think it's a great idea. We could attach a raft under our new bus and connect a propeller to its engine to transport our members in and out. No Lease needed!

Answers from page 25 Names in songs

Michael

Joe

Suzanne

Roxanne

Cecilia

Caroline

Frank, George, Bill, Tom, Sue

Anna

Emily

Rosie

Mary

Jude

Mary Lou

Delilah

Rhonda

Marilyn

Bennie

Layla

Daniel

Jolene



RESCUE BOAT FOR REGATTA

Made by Men's Shed members



GREAT OCEAN ROAD HEALTH NEWS

LORNE
medical centre

A Message From Our CEO

Have you booked in for your Flu vax?
Are you eligible for a COVID Vax?
When did you last have a check up with your GP?
When did you last have your blood pressure/cholesterol checked?
Eating healthily and exercising regularly can make a huge difference to people's health and quality of life, don't be afraid to try something different, you never know it might change your life!!
At Great Ocean Road Health we have had a very busy school holidays with increased numbers of presentations to the Medical Centres and Urgent Care Centres as our population continues to increase with the warm weather. Sincere thanks to our wonderful staff who have continued to provide amazing care and who continue to advocate for our clients and communities.

Regards, Sandy

Heart Health Week Road Show

Lets talk about heart health and take active steps to reduce heart disease. Our Allied Health Team are coming to you to discuss nutrition to support a healthy heart, exercise for improving heart strength and the effects of stress on our heart health. The event is \$5 and includes food prepared by our Dietitian Will Chow.

- 1st May: Heart Health Week—Apollo Bay
10am—12pm at Apollo Bay RSL
- 6th May: Heart Health Week—Wye River
10am—12pm at Wye River CFA Station
- 7th May: Heart Health Week—Aireys Inlet
12pm—2pm at Aireys Community Hall
- 8th May: Heart Health Week—Forrest
10am—12pm at 47 Grant Street
- 13th May: Heart Health Week—Deans Marsh
10am—12pm at DM Community Hall
- 14th May: **Heart Health Week—Lorne**
1pm—3pm at Lorne Fig Tree
- 15th May: Heart Health Week—Beech Forest
10am—12pm at Beech Forest Community Hall

Please Register your interest today:
communityreception@gorh.vic.gov.au or call 5289 4360

Albert Street, Lorne VIC 3232
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Email: enquiries@gorh.vic.gov.au
www.greatoceanroadhealth.com.au

Health Check Ups With Your GP

Health Assessments are used to help identify, delay & sometimes prevent the development of chronic health conditions. It's always good to be proactive with all aspects of your health, both physical and mental. Medicare covers one-off no out of pocket fees health assessment for 45-49 year olds and annual health assessments for people 75 and over. The appointments take approximately one hour to complete; 15-20 minutes with your GP and 30-45 minutes with a Nurse Practitioner.

45-49 Year Old Health Assessments

If you are aged 45-49 years and you are at risk of developing chronic disease you are eligible for a one-off no out of pocket fees health assessment. You must have one or more of the below risk factors to be eligible:

- lifestyle risk factors, such as smoking, physical inactivity, poor nutrition or alcohol use;
- biomedical risk factors, such as high cholesterol, high blood pressure, impaired glucose metabolism, or excess weight; and
- a family history of a chronic disease

Please speak to your doctor during your next appointment or give the Medical Centre to talk to one of our experienced Practice Nurses to discuss your eligibility and make an appointment for you.

75 Year Old Health Assessments

If you are 75 years or older Health Assessment are conducted annually. It is an in depth assessment that includes your physical, psychological and social function.

Contact the Lorne Medical Centre to discuss a health assessment on (03) 5289 4333

Flu Vaccines

Getting an annual flu vaccination boost each year helps prevent you from getting ill with influenza and limits the spread of the virus to others in the community, particularly those most vulnerable to infection. By getting the vaccine in May, you give your immune system the best chance to develop protection well ahead of peak flu season, which is usually in July/August. We encourage members of our community to contact our Medical Centres or their GP to book your appointment in May and get ahead before winter hits. The flu vaccine is free if you're part of a high-risk group, including children aged 6 months to 5 years, pregnant women, adults aged over 65, and those with underlying medical conditions. People who are not eligible for the government funded vaccines are able to get a private vaccine at the clinics at a cost of \$20, payable at the time of visit. To make an appointment with our Medical Centre please contact our great staff:
Lorne Medical Centre (03) 5289 4333

SOME THINGS ARE CONSTANT WITH THE SES LORNE UNIT

By Chris Jones

Getting Up Close and Personal with Fallen Trees

Many of you will notice that our unit spends much of its time clearing fallen trees, limbs, and branches. But have you ever wondered why our beloved Gum trees (Eucalyptus) can fall? There are several reasons, according to www.adelaide-parklands.asn.au, including:

Weather Conditions: Strong winds, storms, and heavy rain can weaken the tree's stability, especially if the soil around the roots becomes waterlogged. When the soil becomes saturated, it loses its ability to anchor the roots firmly. This loss of stability, combined with strong winds, significantly increases the risk of the tree toppling over.

Root Issues: Soil compaction, poor drainage, or root rot can compromise the tree's ability to anchor itself.

Age and Health: Older or diseased trees are more susceptible to falling. Fungal infections like heart rot can weaken the trunk internally.

Temperature Extremes and Rapid Fluctuations: Rapid temperature variations cause the wood to expand and contract repeatedly. Over time, these subtle changes can lead to micro-fractures within the trunk and branches, which may compromise the tree's structural integrity.

Branch Drop Phenomenon: Gum trees are known for shedding branches unexpectedly, particularly in hot or humid weather. This can sometimes lead to structural instability.

Other Factors, including physical damage (from lightning strikes, construction work, or trauma) and the natural branch-shedding process, can also contribute by gradually destabilising the tree.

We recently encountered a tree infested with termites. The termite damage was insidious, progressing quietly from the inside out, making a giant, healthy tree appear deceptively strong until critical structural elements were compromised, and it fell.



Taking Care of Business

This month, two of our newer members are attending a Chainsaw Operators Course. On completion of this course, crew members will be able to 1) Identify statutory and organisational requirements (e.g. OH&S), 2) Prepare chainsaw equipment for use, 3) Establish communication methods and safety procedures to control the scene 4) Identify and evaluate trees/limbs for cutting 5) Use a chainsaw appropriately to cut trees/limbs and 6) Maintain chainsaw equipment. Both will be awarded externally recognised qualifications, including FWPCOT2273 Trim, Cut Felled Trees, and TPI027 Chainsaw Operator Training. Another advantage of wearing the Orange.

Stay safe from the SES Lorne Unit.

For VICSES emergency response, call 132500

If your situation is life-threatening, call 000

Follow us on our Facebook page - SES Lorne Unit.

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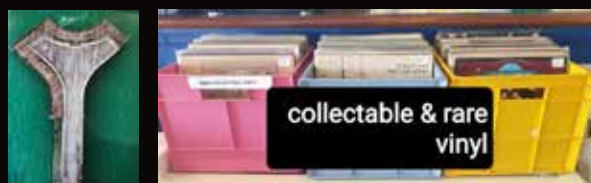
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SPORTSBRIEFS

By John Ford

Easter Tennis Tournament

Lorne Country Club held its annual Mixed Doubles Tennis Tournament on the Saturday of the Easter weekend. This year 20 players took part and Kevin Diviny is to be congratulated on organising such a successful event. Here is Kevin's report of the tournament.

Strong Turnout and Friendly Rivalry at Lorne Country Club's Mixed Doubles Tournament

Lorne Country Club hosted its annual Mixed Doubles Round Robin tournament last Saturday, drawing ten enthusiastic teams to the courts for a day of spirited competition and community camaraderie.

Blessed with ideal weather, the event was played across all five courts and was marked by both friendly rivalry and strong family support.

Each team competed in four 8-game sets, with players switching ends after every four games.

Winners were determined based on the total number of games won, with a maximum possible score of 32 games.

Top performers on the day were:

Women's Division: Dani Shenfield (22 games) and Steph Fry (20 games)

Men's Division: David Sousa and Dean Craig, who tied for first place with 27 games each

The tournament saw excellent support from family groups, including three generations of the Craig family, highlighting the strong community spirit that defines Lorne Country Club.

After tennis, everybody participated in lunch of chicken sandwiches and fruit supplied by Suzanne Diviny and Jillian Chapman.



Lorne Bowls Club from the green

The Lorne Bowls Club held their presentation night the culmination of the 24/25 season inter club competitions with awarding of trophies and the announcement of special club awards attended by 35 members and partners with fantastic food provided by In the Skies Restaurant.

To complete the season Division 4 Premiers winners Shield was given to the President of the club Jeff Reddie normally handed over by the team manager Peter Barraclough who was unable to attend due to prior commitment.

Congratulations to Allan Walls winner of the Presidents award for exceptional services to the club.)



Congratulations also to Heather Olney winner of the coaches award for the 24/25 season for being a very good club bowler.

Also congratulations to the winner of the Ken & Merna Cup awarded to Peter Ironmonger, in recognition for exceptional club commitment.

Continued page 40

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From page 39

Winners of the inter club events are:

Ladies Events: 24/25 Season

Club Champion Singles: Pearl Mc Iver

Club Champion 21Up : Rose Lloyd

Club Champions Pairs : Lizzie Lugg & Jane Purdie

Club Champion 100Up : Colleen Weetman

Men's Events :24/25 Season

Club Champion Singles : Brad Weetman

Club Champions Pairs : Brad Weetman & Paul Staley

Club Champions Triples : Allan Walls, Shane Thornycroft & John Bliss

Club Champions Fours : Brad Weetman, Kevin Van Duran, Steve Donne & Peter Steven

Club Champion 21Up : Allan Walls

Club Champion 100Up : Kevin Riley

Other Events:

Club Champions Mixed Pairs : Colleen Weetman & Brad Weetman

Stribling Memorial Day winners: Anne Marie McCaskell, Chris Savage & Dawn Maloney

Community Cup Winners : Duncan Leckie, Keith Lugg & David Wyles

Corangamite Bowls Division 4 Premiers for 24/25 season players are:

	Team 1	Team 2	Team 3
Skip	J. Reddie	P. Barraclough	K. Lugg
Third	G. Dickson	D. Lawler	D. Issell
Second	T. Buckler	K. Heathcote	J. Bliss
Lead	D. Wyles	C. McCombe	J. Purdie

Emergency > G. Allen

This concludes the season for the Lorne Bowls Club for the 24/25 season with our AGM to be held in early June, congratulations to all winners of club events and especially our Division 4 champions well done on a great season.

If you think you would like to take up lawn bowls with a friendly club come on down or contact a member of the club for further details.

*From the Green Lorne Bowls Club
Don Baldwin*

Women's Golf

What a busy month it has been for our lady golfers!

A very strong team of four, namely Chris Angus, Jan Borwick, Bronwyn Halpin and Anne Maree Kennedy, represented Lorne in the Sands Challenge Bowl in Torquay. With an impressive, combined score of 80, they were unfortunately beaten by some strong competition. We also had teams competing in the Colac Annual Amenities Day Irish 3BBB on March 25, supporting our neighbouring club and enjoying a great day out.

The first game of the pennant season was played at Queens Park Golf Course in Geelong under sunny conditions in late March. In a tough battle against Ocean Grove, Lorne came home victors, 3/2! Congratulations to all team members, Danni De Bon, Sally Young, Anne Maree Kennedy, Chris Angus and Rose Wyles. It was a great achievement to win our first game in Division 5, after going up a division from the previous season. Unfortunately, in the second game of the pennant season, against East Geelong at Clifton Springs, we were not so fortunate and went down in a tightly fought battle. In the third round, we came up against a strong team in Lara who won 4/1, despite Chris Angus having a great win over her opponent, 5/3. The team was looking forward to the 2 weeks off over Easter and regrouping for the second half of the pennant season.

The Birregurra Bowl was played on April 7 with three Lorne teams competing. In an outstanding performance we took first and second place, as well as nearest the pin and several raffle prizes! Congratulations to Chris Angus, Jan Borwick and Jenni Miller who made up the winning team with 102 points and Anne Maree Kennedy, Wendy Hutchison and Jan Young who were runners up with 98 points. Anne Maree completed a great day with a top score of 37 points.

In club news, we have been fortunate to be playing in such great autumnal weather, and strong numbers have been competing in our 18- and 9-hole competitions, with some members taking advantage of the golf carts now available. On April 8, Jenni Miller continued her terrific form with a great round of 36 points and Captain Rose was just behind her with 34 points. The following Tuesday it was Helen Lawrie's turn to star with a fantastic 43 points in the 18-hole competition and Chris Angus coming runner-up with an impressive 40! All 10 players recorded great scores. In the 9 hole competition, Judith Smyth won on a count-back from Chick Hosking who took home the nearest the pin prize. A special treat for the day was lunch provided by the Peak which was greatly appreciated by all.

The June Hunt Memorial 4BBB event, played on April 1, was a close competition with Wendy Hutchison and Chris Angus taking the honors with 46 points, just 1 point ahead of Danni De Bon and Bronwyn Halpin. Barb Barber was the victor in the 9-hole competition.

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Our club welcomes new golfers, whether just starting out with the game or experienced, to join us any Tuesday at the Lorne Country Club. We offer friendship, encouragement and fun for women at all different levels of golf skill and experience. Please call Sue Neill (President) on 0418674062 or Rose Wyles (Captain) on 0407860980.

Janet Higgins

Lorne Football

The CDFNL football and season has begun, and Lorne's senior football team has won both of its first two matches. On Saturday 12th April Lorne travelled to Birregurra for the season opener. In a match where both teams struggled to show real form, Lorne was able to come away with a 2-point win. The final scores being Lorne 6.9: 45 to Birregurra 6.7: 43.

Lorne's next match was held on Good Friday at Stribling Reserve and Lorne defeated Apollo Bay 11.16: 82 to 2.7: 19. It is baffling that this match would be played on Good Friday when most of that round was played on the Saturday. On the Saturday at Stribling Reserve there was a match played between Leopold and St Joseph's which had little relevance to Lorne, apart from the revenue gained.

On Anzac Day Lorne was at home for a late afternoon match played against South Colac under lights. When seniors match began at 5.40 pm it had been drizzling rain for about two hours making conditions slippery. Both teams were quite evenly matched in the first half, with Lorne holding a two-point lead at the main break.

However, Lorne's system broke down in the second half and the home team could only manage one more goal for the remainder of the match. South Colac ran out winners 8. 10: 58 to Lorne 6.8: 44. Lorne can improve on this and I expect that they will do better in dry conditions. Lorne's Reserves had a comfortable win.

Lorne's A Grade netball team had a very tight tussle against South Colac, going down by just two goals.

Lorne's next matches are as follows:

May 3rd: Otway Districts v Lorne

May 10th: Lorne v Irrewarra-Beeac

May 17th: Lorne v Alvie

May 31st: Western Eagles v Lorne

Great Ocean Road Marathon

The Great Ocean Road Marathon from Lorne to Apollo Bay will be held on Sunday 18th May at 8.00 am. At the same time, the half marathon from Kennett River to Apollo Bay will take place. There are also shorter running events taking place in Apollo Bay over that weekend. Intending runners will have already registered and be well into their training regimen. This is a great opportunity to run along this beautiful scenic road without the danger of other road users. Run well and enjoy!

Remember to tell us who you would like to see in Sportsbriefs! Articles to John Ford at 35 George St, or email to byswerdi2@bigpond.com.



WHY DO I SEE OR SMELL SMOKE?

With calm autumn conditions across much of the state, communities can expect to see smoke in the air as a mix of planned burns, private burns under CFA's permit system and agricultural burns take place over the coming weeks.

While current conditions are ideal for burning, weather patterns may cause smoke to linger over parts of the state overnight and through to early morning on some days.

FFMVic Chief Fire Officer Chris Hardman said it is crucial fire agencies take advantage of favourable conditions when they present.

"Planned burning on public land is one of the tools FFMVic uses to keep Victoria safer from bushfires," Mr Hardman said.

"Our climate is changing and that means finding the right days for safe and effective planned burning is becoming more challenging. Autumn typically provides our crews more opportunities to conduct planned burns, as the weather is more stable, and fire behaviour tends to be manageable and predictable

"With the current favourable weather and forest conditions, we are delivering as much planned burning as we can.

"Reducing dry vegetation such as grass, leaves, bark, shrubs and small fallen branches means fires are less intense and slower to spread, making it more likely that firefighters can keep bushfires small and contained before they pose a risk to communities. "We work closely with Country Fire Authority (CFA), Environment Protection Authority (EPA) and Bureau of Meteorology to keep the smoke impact from planned burns as low as possible. We make every effort to make sure favourable weather conditions reduce smoke drift into communities.

"Victorians can register to receive notifications of upcoming planned burns at the Planned Burns Victoria website."

CFA Chief Officer Jason Heffernan is urging Victorians to understand permit requirements before conducting private burn-offs while the Fire Danger Period (FDP) remains in place across most of Victoria.

"We are now starting to issue schedule 13 permits to farmers to burn crop stubble to kill off weeds and reduce pests, however we remind Victorians, that no burning off is to occur unless people have received permission," Mr Heffernan said.

"While the FDP has ended in East Gippsland, it remains in place across the rest of Victoria. It is vital that landowners check local conditions are safe and appropriate before burning off – both on the day and the days following.

"You may see a large amount of smoke in areas where these activities take place, so we ask farmers to let their neighbours know who may be sensitive to smoke so they can take necessary precaution.

"Any burning off activity should have enough water and resources on hand to monitor and extinguish and Triple Zero Victoria must be notified as awareness for emergency services and community members."

Victoria's Chief Environmental Scientist Professor Mark Patrick Taylor said EPA understands smoke from any source, including planned burns and private burn-offs can cause health concerns.

"Be prepared by watching for FFMVic planned burn notifications and by checking the air quality in your area through EPA's AirWatch," Professor Taylor said.

"Your nose is also an excellent smoke detector. If you can smell smoke, take the necessary precautions to protect your health."

The Planned Burns Victoria website has details of all planned burns currently on the three-year Joint Fuel Management Program, visit <https://plannedburns.ffm.vic.gov.au/>.

To find out what can and can't be done during fire danger period, visit <https://www.cfa.vic.gov.au/warnings-restrictions/fire-bans-ratings-and-restrictions/can-i-or-cant-i>

Check fire restrictions and register private burns at www.firepermits.vic.gov.au or call 1800 668 511.

Detailed information about current air quality throughout Victoria can be found on EPA's website.

Visit the EPA website for tips about looking after health when there is smoke at www.epa.vic.gov.au/for-community/environmental-information/air-quality/smoke/smoke-your-health or <https://www.epa.vic.gov.au/for-community/airwatch>.

FFMVic Media: 03 8624 3400 or media@deeca.vic.gov.au

CFA Media: 1300 232 633 or media@cfa.vic.gov.au

EPA Media: (03) 9695 2704 or epa.media@epa.vic.gov.au

A NEW WAVE FOR POSITIVE AGEING ADVISORY COMMITTEE

Anglesea resident Harry Wendt's care and compassion for the community will hold him in good stead as a new member of Surf Coast Shire Council's Positive Ageing Advisory Committee (PAAC).

Council has appointed Harry, Lorne's Joy Dwyer, and Torquay's Keri Jones and Kathryn Williamson to the PAAC for a three-year term.

Outgoing committee members Ian Burgess, Elizabeth Gustus, Magdalena Wheatland and Kristin McDonald were acknowledged and thanked by Council at the March Council meeting.

Harry is eager to start with the Positive Ageing Advisory Committee, which provides Council with advice and direction to help to foster an age friendly community.

"We moved here in Christmas 2006, after living in Latrobe Valley and being part-owners of a group of pharmacies there," he said.

"I know the coast from Anglesea to Lorne pretty well, from when I used to come here surfing since my teen years.

"The retirement plan was always to come down here and settle in to the community. "When we first came, before we hung up the boots, we worked at Geelong Hospital: my wife Marilyn in oncology and I worked in pharmacy.

"Because of our background in the health industry, I've always cared about peoples' wellbeing and caring for the community.

"My general purpose is to make peoples' lives as good as they can be." Harry will be able to help fulfill his purpose as a PAAC member. The appointment adds to a list of community contributions he's made since moving to the Surf Coast.

"We got involved in the historical society, and I'd go to the men's shed, and we were involved with the church," he said. "I was also at the Lions for a period of time. "Now I've been retired for a little bit, I can see the types of issues that might come up for people, thinking about 'how can they go shopping?' or 'how can they do this?' or 'how can they do that?'. "When I saw the email saying there were a couple of spots vacant (on the Positive Ageing Advisory Committee), I thought I'd put my hand up and see if I can help."

Councillor Tony Phelps welcomed the four new committee members.

"It's so good to see locals who are willing to share their knowledge and passion to help make the Surf Coast an age friendly community, where older people are valued, respected and actively supported to participate in their community," Cr Phelps said. "I would like to thank outgoing members Ian, Elizabeth, Magdalena and Kristin for their invaluable contributions over the past few years."

A vacancy remains for a committee member from Aireys Inlet, with interested applicants encouraged to call 5261 0600 or visit surfcoast.vic.gov.au/PAAC.

Council is supporting numerous upcoming events and activities for older people. It includes a Wiser Walker Wiser Traveller course, Time to Thrive Dance, and Autumn Afternoon Tea Dance at Kithbrooke Park. For details, please call 5261 0600 to speak to Council's Age Friendly Officer.

Joy joins Council's Positive Ageing Advisory

Surf Coast Shire Council has appointed four new members to its Positive Ageing Advisory Committee (PAAC), including Lorne's Joy Dwyer.

The PAAC provides Council with advice and direction to help to foster an age friendly community.

Joy shared her reasons behind joining the committee:

"The Positive Ageing Advisory Committee is a group I am interested in, as together we will seek ideas from members of our small rural communities to enable us all to live and age positively within our wonderful environments.

I like meeting people of all ages, I feel I have the ability to listen to others, contribute ideas and suggestions gained from within my community to take to council for it to consider.

I have lived in Lorne for 16 years but previously owned a unit in Torquay for over 25 years, I feel part of the shire. Together with my husband we managed a Retired Village in Camberwell before we came to Lorne.

I began my volunteer journey more than 50 years ago in Ballarat with Lifeline and as a Probation Officer. When we moved to Melbourne I worked at the Royal Children's Hospital as the Assistant Manager of Ronald House in Parkville and as the Parent Accommodation Officer for the Hospital.

I don't want this article to be about me – I will be here to pass on to Council the concerns of its people.

As a group we will organise events together with our committees where we will learn new skills, get to know other local people, have some fun and maybe make some new friends.

When you reach my age, I have gained an insight into life as I see it, I will always want the best for those I meet along the way.

It is an honour to represent Lorne on this Committee. I will carry out my task to the best of my ability."

Learn more about the Positive Ageing Advisory Committee at surfcoast.vic.gov.au/PAAC.



lorne books

Picks of the Month



FICTION: Lyrebird by Jane Caro



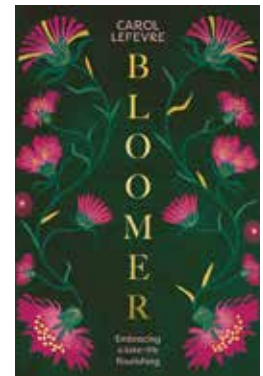
Lyrebirds are brilliant mimics, so if they mimic a woman screaming in terror and begging for her life, they have witnessed a crime. But how does a young, hung over PHD student and a wet behind the ears new detective, convince anyone that a native bird can be a reliable witness to a murder, especially when there is no body and no missing person? And what happens when they turn out to be right?

This is a fast paced, intriguing read. With the eerie atmospheric writing, the clever premise and a bunch of creative characters, it's a book worth your time.

NON-FICTION: Bloomer by Carol Lefevre

Framed by the turning of the seasons in her small suburban garden, Carol Lefevre's Bloomer documents the year in which she turned seventy. Memoir threads through meditations on aspects of ageing, from its hidden grief and potential for loneliness to our relationship with the past and with our own mortality.

In this gorgeous, optimistic and eloquent coming-of-old-age book, Boomers emerge as Bloomers – people not at the end of things but still on their way, ready to embrace a late-life flourishing.



CHILDREN'S FICTION: The Big Backyard Plan by Kirsten Ealand and Laura Stitzel



Fun is multiplied by four, when all your best friends live next door!

Azumi, Theo, Bree and Jack live side-by-side and back-to-back. Being best friends as well as neighbours is fun – but imagine if instead of sharing backyard fences, they could share one BIG backyard! Now, they just need a plan to convince their grown-ups ...

A joyful picture book about big dreams, best friends and removing the things that divide us.

www.lornebooks.com

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